Physical Education

Year group: 2

Term: Autumn 1

Prior knowledge

Pupils understand how to extend their sequences whilst performing as a character.

National Curriculum Objectives

Perform dances using simple movement patterns.



Topic overview



Dance - Explorers

The unit of work will develop pupil's ability to create and develop their characters, adding movements, expression and emotion to their performance. Pupils will be able to create a motif and will develop their motifs with a partner to include some different elements of choreography.

By the end of this unit, I will be able to:

Doing - Pupils can respond to the music with appropriate movements and actions, using their whole body. Pupils can ensure their movements are big and clear.

Thinking - Pupils will refine their application of life skills such as curiosity and imagination as they create a range of movements linked to a variety of characters.

Team Work- Pupils can demonstrate fairness and gratitude as they engage in their learning, work well with others and enjoy creating their movements and sequences.

Wellbeing - Pupils will develop life skills such as courage and honesty, as they try their best to create sequences, giving feedback to others following their performances

Key vocabulary

- Controlled movements
- Coordination
- Character
- Explore
- Motif
- Rhythm